# Coaches Expectations Charger Volleyball

Participation in Charger Volleyball will be an experience in hard work and fun. We are going to work hard to achieve the highest level of performance that our skills will allow, and we will keep in mind that volleyball is a game... and games should be fun. However, as long as there is a scoreboard, we are playing to win the match with our highest level of character intact.

Below are the Coach's Expectations for Charger Volleyball. Read them carefully before you sign and return the portion at the end.

#### **Practice Rules**

**Attendance:** Your attendance at every practice is absolutely necessary. Coming late or missing a practice or game shows a lack of commitment and respect for your coach and team.

- •Excused absences are due to illness, family emergency, or special circumstances approved prior to practice or a game. Notify Coach Nier by calling Wittenberg Middle School at 253-2221 / 432-3765 or Coach Darr at Birnamwood Middle School at 449-2576. At the following practice, the player must bring a note from her parent explaining her absence.
- •If you have a school related activity that conflicts with practice or a game you must get it approved by your coach ahead of time.
- •Injured players must attend practice at the coach's discretion.

**Conduct:** Your conduct on and off the court is expected to be mature and sportsmanship like.

- •You must maintain a positive mental attitude. Criticisms, if you have them, must be directed to Coach Nier, Coach Darr or Coach Boldig. Varsity players may also go to their captain(s), who will then bring any issues up to Coach Nier.
- •You must control your emotions. Absolutely NO swearing will be allowed at any time.

- •You must be coachable. Signs of disgust, talking back, or noncooperation will not be tolerated and may result in disciplinary action.
- •Proper apparel is required at all practices. This includes: black spandex shorts, practice t-shirt, tennis shoes, and knee pads. All jewelry must be removed including earrings.

### **Game Conduct**

**Games:** Players must play within the rules set forth by the WIAA. Athletes must conduct themselves in a positive manner.

- •Set the tone when you step onto the court. HUSTLE at all times!
- •Respect your opponents. No taunting of opponents is allowed.
- •Respect the referees. Never question a call or respond in a disrespectful fashion. Any questions will come from the coaching staff only.
- •Show good sportsmanship at all times. Maintain a high character. It is one of the most important traits you will carry with you your entire life.
- •Only the official WB volleyball uniform will be worn for games.

### **Transportation Conduct** Behavior

- •You will abide by all bus rules. See the district Bus Conduct Rules.
- •Quiet conversation will be allowed. No yelling or screaming is necessary or allowed.
- •We will clean up the bus after every trip and thank the bus driver for driving.

# **Team Members**

- •All players must ride to the matches on the bus in order to participate in the match.
- •The bus will leave on time. We will not wait for you. If you miss the bus you will not dress for the game or sit on the bench.

•All players must ride home on the bus from the match unless a parent or guardian signs his/her daughter out at the end of the match. If a parent sends a note for his/her child to ride home with another parent from the game, the athlete must get the note signed by the principal or athletic director prior to boarding the bus for the match. After the match has concluded, the parent driving home must sign for each athlete they are driving home including his/her daughter. In this event, the parent will take over total liability for the players involved.

# **Equipment Care**

Uniform Care: You are responsible for cleaning your own uniform, and it must be clean for each match. The player must pay for intentionally damaged uniforms. At the conclusion of the season ALL uniform apparel, with the exception of practice t-shirts, must be returned immediately.

Before and After Practice: Every team member is responsible for the set up and take down of all nets and poles and collection of all volleyball equipment.

Before Home Games: The Junior Varsity and C-Team players are responsible for setting up the game nets.

After Home Games: The Varsity players are responsible for taking down the nets and poles and picking up the bench area and volleyball equipment. The C-Team is also responsible for taking down the nets, and other equipment.

# **School Conduct**

- •You are a student athlete. School comes first. Do not forget these priorities.
- •Be in school at all times. FULL DAY ATTENDANCE is required to participate in a match. There are exceptions see the district athletic code.
- •No tardiness. You will be considered absent and therefore will not be allowed to play.
  - •No ALAC Room Detentions

## **Training Rules**

As a member of the Charger Volleyball Team, you will be expected to meet these expectations at all times. Violations of any of the above expectations will be dealt with by applying the appropriate consequence to the violation depending on the severity. The following consequences could be applied:

Game Suspensions: (Unexcused absences, tardies, not in proper practice or game

uniform, or ALAC)

1st Violation: One set of the next match.
2nd Violation: The entire next match.
3rd Violation: Dismissal from the team.

In the event of an excused absence the day prior to a game, the player will miss the first game of the next match. The coach will handle special circumstances as long as there is communication between the player, coach, and parent.

# **Lettering in Volleyball**

In order to earn a letter in volleyball, players must participate in 75% of the matches or in a minimum of 25 games during the season. The coach will use her discretion regarding special circumstances such as injuries, players moved up from j.v. etc...

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# Wittenberg-Birnamwood High School Charger Volleyball Coach's Expectations

Parental Agreement:	
We, the parents or gua	dians of,
have read the Charge	Volleyball Coach's Expectations and agree to help our
daughter abide by the	ules and regulations as stated.
signed	date
Parental signati	re (quardian)

Student Agreement:	
I have read the Charger Volleyball Cabide by the rules and regulations as	Coach's Expectations, and I hereby agree to stated.
signed	_ date
athlete's signature	